



BRAMLEY BODY TREATMENTS

BRAMLEY BODY MASSAGE

Allow yourself a moment of serenity with this deeply relaxing massage, tailored entirely to your needs, leaving you feeling calm and grounded. A body oil will be selected according with your concerns; muscle pain, stress relief, emotional balance, detoxifying or simply pure relaxation.

Back, Neck & Shoulder - 30min // **70**

Full Body - 60min // 100 - 90min // **130**

BRAMLEY SELENITE CRYSTAL BODY MASSAGE

Our bespoke body treatment combines the therapeutic properties of our essential oil-rich oils with the healing effects of warmed selenite crystals. These beautiful stones are believed to help restore peace whilst easing muscle tension. The body is nurtured with warmth from head to toe, freeing the mind of stress leaving you feeling completely relaxed and restored.

Back, Neck & Shoulder - 30min // **80**

Full Body - 60min // **110** - 90min // **140**

BRAMLEY REBALANCE RITUAL

Allow yourself to discover mindful moments with a wonderfully rebalancing wellness ritual. Focusing on calming the nervous system, improving circulation and restoring balance to the body. Our treatment is tailored to your needs including a combination of body brushing and scrub encouraging renewed, brighter skin. A facial with cryotherapy crystals helps compromised or hormonal complexions, blending into a re-balancing, nutrient-rich body massage and sealed with a replenishing mask. Skin feels nourished, mind feels calm, leaving you in a sense of harmonious balance.

90min // **150**

120min // **190**

BRAMLEY



BRAMLEY FACIAL TREATMENTS

BRAMLEY FACIAL

Tailored to your skins needs, this facial, using our unique combination of essential oils and active ingredients, will help hydrate and nourish dry skin, deep cleanse congested & oily skin, and soothe, rejuvenate sensitive or mature skin leaving a glowing complexion.

60min // **120**

Mini Facial - 30min // **80**

APPLE PEEL AHA FACIAL

This targeted AHA treatment used powerful glycolic, lactic and malic acid (derived from apple peel) to help refine and rejuvenate your skin., encouraging new skin cell renewal to the surface, whilst toning the facial muscles, revealing a soft luminous glow. Incorporating a relaxing facial massage, releasing build up of toxins to improve skin tone and radiance. Leaving you feeling completely revitalised!

60min // **120**

PROBIOTIC ROSE QUARTZ FACIAL

The perfect facial for skin affected by hormonal changes, stress or pollution. This activating and re-setting treatment includes refining AHA facial peel, a toning massage with our probiotic rest day serum. Cooling quartz crystals are used throughout the treatment healing and soothing the complexion bringing your body back to a state of equilibrium. For ultimate relaxation you will also choose between a therapeutic abdominal or foot massage.

60min // **135**

*To book a treatment, please get in touch with the team:
info@carousel-london.com +44 (0)20 7487 5564*

B R A M L E Y